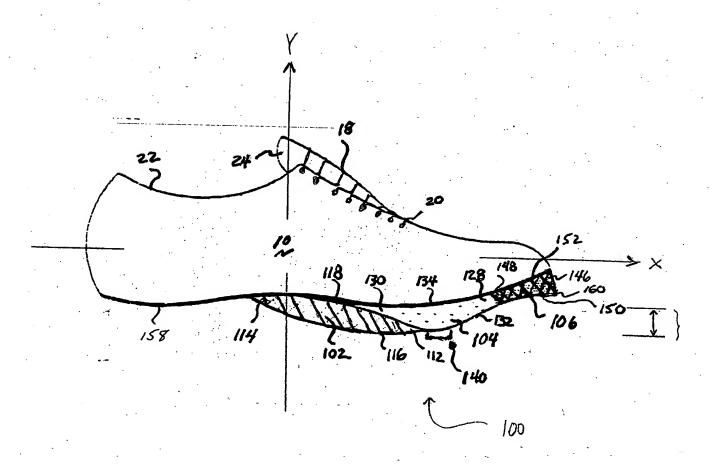
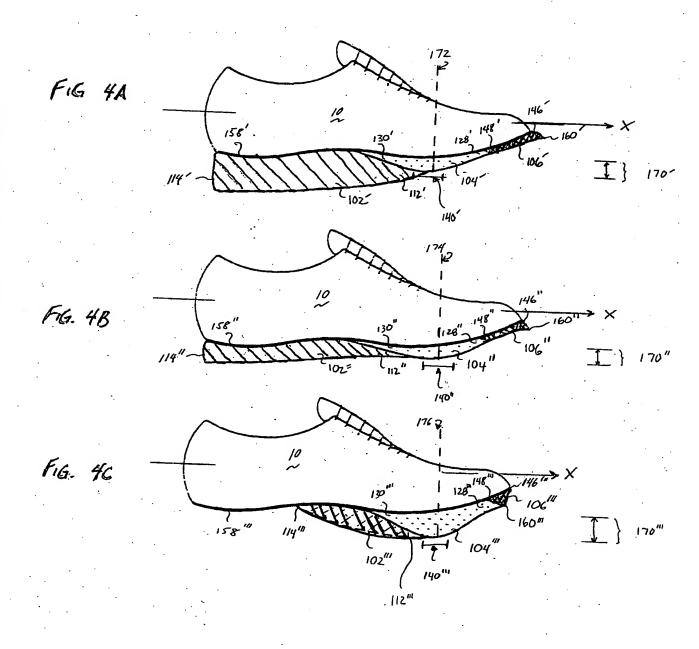


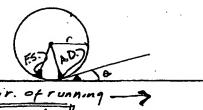
F16.3





F16, 5A

F16. 5B

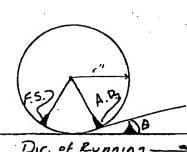


100 meter | (footstrike @ metatarsal Soints)

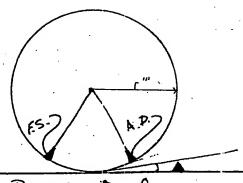


Por of Eunning ->
[BOO meter]

(toot Strike @forefrot)



Dir. of Running ->
1500 meters
(foot Spake@midfoot)



Funning Shoe (Foot Strike @ Heel)

F.16. 50

FIG. 5D